

How Big is the the Problem

Little Problem	Medium Problem	Big Problem
These problems are not dangerous. No one is going to get hurt	These problems are not dangerous, but feelings might get hurt.	These problems may involve danger or a lot of damage to valuable things.
These problems won't last more than a few hours	These problems will last about 1 day.	These problems might last more than a week.
These problems can be solved by yourself.	These problems are about a small group 3-5 of people	These problems can involve many people
You know what to do, but the solution may not be what you want,	Sometimes it is tricky to find the right solution to these problems	These problems don't have a fast or easy solution.
These problems are about 1 person	These problems probably need an adult to help you solve them.	These problems need an adult to solve
You can try	You can try	You can try
To be flexible ignore the problem Do what you think is the right thing.	To be flexible Explain the problem and your feelings calmly Think about other peoples feelings Work with the adult to find the best solution	To stay calm and listen to the adult Wait for the danger to pass before asking questions